

Snow Valley Nordic Ski Club

Ski Fest 2019

a one-day ski clinic
for women

Sunday, February 10th, 2019 9 a.m. to 4 p.m.



Registration Information

Name _____

Phone _____

Address _____

Email _____

Which cross country skiing technique are you interested in?

CLASSIC SKATE BOTH

And your skiing level?

BEGINNER INTERMEDIATE

What skill(s) would you most like to work on?

Please indicate your age: under 25 25-40 40-55 55+

Any injuries, medical conditions, or food allergies or preferences that we should be aware of?

What you need to bring:

Skis, boots, poles

Water jug

Appropriate outerwear
for weather conditions

Cost (includes registration, lessons, snacks, and lunch.)

\$45 for ski club members

\$55 for non-members (includes day pass)

\$10 extra for rental gear

Payable (cash or cheques, e-transfer) in advance only, refunds available until Feb. 5th

To register: Call or email Cathy to ensure space (we have limited our numbers this year)
250-635-7397 or snowvalleynordics@gmail.com

Print off registration form, send with payment to 5053 Huckleberry Lane, Terrace V8G 0B4 or drop it off in the locked box at the ticket booth at Onion Lake or call Cathy to make other arrangements.

E-transfers can be arranged.

All who are not members of the ski club will be asked to sign a waiver prior to the start of the ski activities. Please come 20 minutes early if you need rental gear.