



Snow Valley Nordic Ski Club

snowvalleynordics.com mailing address: Box 811 Terrace, BC V8G 4R1

Membership Form 2024/2025

Date: _____

Note! You can now register and pay for a membership online!

1. MEMBER INFORMATION

| NAME (First ... Last) | Previous Member? (Y/N) | Experience (novice/intermediate/expert) | BIRTH DATE* (d/m/y) | M/F |
|---------------------------------|----------------------------------|---|-------------------------------|------------|
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*This information required to obtain provincial insurance for CCBC.

**Toddlers need a membership to be on the trails, even if they don't ski, for insurance purposes.

Address: _____ City/Province: _____

Postal Code (*required!): _____ Phone: _____

Email: _____

(to receive newsletters and event notices and NOTHING else)

2. VOLUNTEER WORK CREWS

The operation of the SVNSC and the programs and services we provide depend upon the volunteer efforts of our members. This year we are forming work crews so that a group can take on overseeing one aspect of the operation: spreading the responsibility, interest and joy of club participation among more of the membership. Please check off a work crew you may be interested in joining.

Facilities
Includes carpentry, electrical, security

Grooming & Equipment Maintenance

Moose Hut Upkeep
Organizing, monitoring and cleaning

Lodge Upkeep
Fall and Spring cleaning seasonal upkeep, and monitoring

Firewood
Ongoing cutting, splitting and stacking wood

Trail Hosts
Welcoming, Pass checking on trails

Rental Shed
Volunteers to operate during open hours

Food
Snowflake Café for events, Treats for the groomers and other volunteers

Special Group Skis
Assist with school groups and other special interest groups

3. INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

By signing this document you will assume certain risks. Please read carefully.

1. This is a binding legal agreement. As a Participant in the sport of cross country skiing and the programs, activities and events of **Cross Country Canada** and **Canadian Snowsports Association** (hereinafter called **CCC/CSA**), **Cross Country BC** (hereinafter called the **Division**) and **Snow Valley Nordic Ski Club** (hereinafter called **Club**) which include without limitation cross-country skiing competitions, camps, clinics, and related activities such as roller-skiing, road cycling, running and hiking (hereinafter called the **Activities**), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the **Parties**), acknowledge and agree to the following terms:
2. **Description of Risks** – The Participant is participating voluntarily in the **Activities**. In consideration of the Participant's participation in the **Activities** sanctioned by one or more of **CCC/CSA**, the **Division** and the **Club**, the **Parties** hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the **Activities**, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
 - a. training whether indoor or outdoor including strength training, running, hiking, and cycling;
 - b. overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - c. vigorous physical exertion, rapid movements and quick turns and stops;
 - d. falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - e. contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - f. failing to participate within one's abilities, skill and within designated areas;
 - g. becoming lost or separated from the group or the group becoming split up;
 - h. failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - i. extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - j. encounters with animals or plants including allergic reactions;
 - k. travel to and from training, competitive events and associated non-competitive events which are an integral part of **Activities**; and
 - l. other risks normally associated with participation in the **Activities**.
3. **Furthermore, the Parties are aware:**
 - a. that injuries sustained may be severe, paralyzing or fatal;
 - b. that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of **CCC/CSA**, the **Division** and the **Club**;
 - c. that the risk of injury is reduced if the Participant follows all rules established for participation; and
 - d. that the risk of injury increases as the Participant becomes fatigued.

Disclaimer – In consideration of **CCC/CSA**, the **Division** and the **Club** accepting the Participant's application for membership in the **Club** or allowing the Participant to participate, the **Parties** agree that **CCC/CSA**, the **Division** and the **Club** and its respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the **Activities** sanctioned by one or more of **CCC/CSA**, the **Division** and the **Club**, caused by the risks, dangers and hazards associated with the **Activities**.

5. **Acknowledgement** – The **Parties** confirm that:
 - a) the Participant's physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of **CCC/CSA**, the **Division** and the **Club**;
 - b) they have been provided sufficient information about **Activities** and the associated risks and hazards so that they are aware of the effect of this agreement;
 - c) the Participant agrees to abide by the Rules and Regulations imposed by **CCC/CSA**, the **Division** and the **Club**, in association with the **Activities**, and to follow the instructions of the officials during the **Activities**; and
 - d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the **Parties**, their heirs, executors, administrators and representatives.
6. In addition, the **Parties**:
 - a) authorize **CCC/CSA**, the **Division** and the **Club** to collect and use personal information about the **Parties** which relates in any way to the **Activities**, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the **CCC/CSA**, the **Division** and the **Club** websites;
 - b) grant permission to **CCC/CSA**, the **Division** and the **Club** to photograph and/or record the **Parties** image and/or voice, and to use this material to promote **CCC/CSA**, the **Division** and the **Club** through any form of and agree that the audio/visual material and copyright will remain the sole property of **CCC/CSA**, the **Division** and the **Club** and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
 - c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

***We do not sell or distribute your personal information to any other third party not listed herein.**

I, the Participant and/or Parent/Guardian, have read and agree to be bound by this agreement.

Adult Members:

Adult Member #1 Name: _____ Signature: _____ Date: _____

Adult Member #2 Name: _____ Signature: _____ Date: _____

Minor's Parent or Guardian Signature: *(must be signed for all child/youth members under 19 years of age)*

Parent/Guardian Name: _____ Signature: _____ Date: _____

4. SKI PASSES AND FEES

Enjoy unlimited skiing at Onion Lake Ski Trails!

| | Until December 1 st | After December 1 st | After February 14 th | Number of Passes | Total Fees |
|---|--|--------------------------------------|---------------------------------------|---------------------|------------|
| Adult (19 years or over) | \$120 | \$140 | \$80 | X = | \$ |
| Toddler ** (2 years and under) | \$20 | \$25 | \$15 | X = | \$ |
| Child (3-12 years) | \$40 | \$50 | \$30 | X = | \$ |
| Youth (13-18 years) | \$60 | \$70 | \$40 | X = | \$ |
| Student (proof of fulltime student with valid ID) | \$80 | \$90 | \$55 | X = | \$ |
| Senior (65 years or over) | \$80 | \$90 | \$55 | X = | \$ |
| Maximum family payment | \$325 | \$375 | \$225 | X = | \$ |
| Optional donation to the Snow Valley Nordic Ski Club—general maintenance, programs, etc. | <input type="checkbox"/> \$10 <input type="checkbox"/> \$20 <input type="checkbox"/> \$50 <input type="checkbox"/> \$_____ | | | | |
| TOTAL PAYABLE: | | | | | \$ |

PROGRAM REGISTRATION (if applicable)

YOUTH DEVELOPMENT PROGRAMS

| | | | | |
|-----------------------------------|-------------|---|---|----|
| Bunnies (ages 4-5) | \$70 | X | = | \$ |
| Jackrabbits 1/2 (ages 6-7) | \$70 | X | = | \$ |
| Jackrabbits 3/4 (ages 8-9) | \$70 | X | = | \$ |
| Track Attack (ages 10-12) | \$70 | X | = | \$ |
| New to Ski (ages 8-12) | \$70 | X | = | \$ |

*If you have 3 or more children from the same household, registered in Youth Development Programs, a discount is available and you can contact Pat (svnscmembership@gmail.com) to arrange this.

5. MAIL-IN FORM & PAYMENT

Please mail your membership form and payment to:

Please mail your membership form and payment to:

P. Moulard
37 Duncan Street
Kitimat, BC V8C 2N6

Any questions about this form or membership?
 Contact Pat at: email: SVNSCmembership@gmail.com
 Phone: 250-639-6466

If you have applied for a student membership with the student rate, please enclose a photocopy of your current student ID with your payment.

The Snow Valley Nordic Ski Club would like to acknowledge the following sponsors who have assisted in the development, maintenance and operation of the Onion Lake Ski Trails:

Recreation Sites and Trails BC
Terrace Community Forest
Northern Development Initiative Trust
Complete Electric Inc.
Emil Anderson Maintenance - Skeena
Sherwood Mountain Brewhouse Ltd.
J. R. Mechanical Ltd.
Royden's Mechanical
West Point Rentals
Mario Turcotte
The Port of Prince Rupert
James Hoekstra

Remember to wear your pass(es) while skiing and enjoy the trails!